

THE DUCK'S NUTS

INGREDIENTS: Peanuts, Cashews, Almonds, Walnuts, Pecans, Pumpkin Seeds, Pistachios, Honey, Monosaturated Vegetable Oils, Sea Salt, Paprika, Chillies, Pepper, Cloves, Cinnamon

Nutrition Information		
Servings per package:	1.00	
Serving size:	90.00 g	
	Average Quantity per Serving	Average Quantity per 100 g
Energy	2250 kJ	2500 kJ
Protein	14.0 g	15.6 g
Fat, total	46.8 g	52.0 g
- saturated	4.9 g	5.5 g
Carbohydrate	14.0 g	15.5 g
- sugars	9.1 g	10.1 g
Sodium	216 mg	240 mg